

McCauley Club

9425 109 A Ave, Edmonton AB
 780.822.2549 www.bgcbig.ca
 Mon, Tues, Wed, Fri 3:30pm – 6:30 pm
 Thurs-2:30pm-6:30pm



November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3:30-6:30	3:30-6:30	3:30-6:30 1	2:30-6:30 2	3:30-6:30 3	4
Club Closed			EPL LEGO Stop Motion program / Act it out/Rugby	Mile Zero Dance/Art Club	Jr. Chef /Zumba	Club Closed
5	6	7	8	9	10	11
Club Closed	Zones of Regulations Training Tennis (registered)	The Readiculous Club	EPL LEGO Stop Motion program / Act it out/Rugby	Mile Zero Dance/Art Club	All Site- Club closure day	Club Closed
12	13	14	15	16	17	18
Club Closed	Club closed- Honoring Remembrance Day	The Readiculous Club	Act it out/Rugby	Mile Zero Dance/Art Club	Girls Swimming Field Trip Club Closed to non participants	Club Closed
19	20	21	22	23	24	25
Club Closed	National Child Day Tennis (registered)	The Readiculous Club	Act it out/Rugby	Art Club Boys Fieldtrip	Jr. Chef /Zumba	Club Closed
26	27	28	29	30		
	Zones of Regulations Training/ EPL Program Tennis (registered)	The Readiculous Club	Act it out/Rugby	Family Event		

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	Monday (GELL) 3:30-6:30pm	Tuesday (Experimental Tuesday) 3:30-6:30pm	Wednesday (Rugby Wednesday) 3:30-6:30pm	Thursday (Artistic Thursday) 2:30-6:30pm	Friday (Fun Dancing Friday) 3:30-6:30pm
2:30	closed	closed	closed	Walking school bus Snack/free time	closed
3:00	Walking school bus	Walking school bus	Walking school bus	Mile Zero Dance	Walking school bus
3:30	Snack/free time	Snack/free time	EPL LEGO Stop Motion program Snack/free time		Snack/free time
4:15	Zones of Regulations	The Readiculous Club	Act it out	Art Club	Jr. Chef
4:30					
5:00	Dinner/Chores	Dinner/Chores	Dinner/Chores	Dinner/Chores	Dinner/Chores
5:45	Documentary-Planet Earth	Free time	Rugby with Tamara (5:30pm)	Kids choice	Zumba
6:00	Tennis Club	Home time	Home time	Home time	Home time
6:30	Home time				

Important Dates:

- November 10th** – club closure day
- November 13th** –Club Closed (Honoring Remembrance Day)
- November 17th** Swimming Fieldtrip
- November 30th** Family event

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Programs That Teach	Programs for Leaders	Programs That Create	Programs That Move
<p>The Readiculous Club: <i>This is a seven weeks interactive reading program designed to inspire and interest children and youth in engaging and exploring fun and interactive children’s stories around the world. The overall goal is to increase children’s attention, memory, processing, vocabulary, fluency and comprehension skills; while building positive relationships with others, improving their self-esteem, confidence and connection with the world.</i></p>	<p>Zones of Regulation Training: The overall goal at the end of this program is for children and youth to continue building and coaching their interpersonal skills and self-identity. Another goal is to continue fostering children and youth’s positive self-esteem, build on their core values, self-esteem and</p>	<p>JR Chefs: <i>let’s get cooking. Join us in our fancy kitchen and learn the fundamentals of cooking nutritious meals. We explore cuisines from around the world, and the best part is, we get to eat them too. The overall goal is for children and youth to learn about the fundamentals of baking. Through fun and engaging activities, children and youth will explore different baking methods around the world and will utilize their skills in preparing world foods.</i></p>	<p>Zumba Nation: <i>The overall arching goal for the Zumba program is to engage kids in fun physical activities that utilizes different body movement mediums. To help children and youth develop a healthy lifestyle that incorporates fun fitness activities that integrate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination and cultural awareness.</i></p>
<p>Kid’s choice: <i>This is a fun interactive time spent in the gym or outside where all the activities are selected by kids. It is a great way to enhance your self-confidence, communications and teambuilding skills</i></p>	<p>Cool Moves: <i>A great way to learn about nutrition and understand the Canadian food guide. The goal is for children and youth to learn about balancing healthy lifestyle with the combination of nutrition and physical activities. Kids will learn how to prepare healthy day to day snack following the Canadian food guide, and will extend their knowledge and skills in some fun interactive games that builds on physical literacy.</i></p>	<p>Art Club: <i>The goal of this program is to empower the youth to learn about and practice different mediums, styles, and techniques in the field of fine arts. It will encourage the youth to express their individuality through a creative outlet. Staff will teach the participants the correct way to utilize art supplies and get the best results. Art club will also give youth an opportunity to obtain employability skills.</i></p>	<p>Mile Zero Dance: <i>In a positive, non-competitive environment, participants learn to use their bodies intelligently and consciously. By learning to develop their creativity through movement, students build physical awareness, strength and self-esteem. Working together as a class inspires teamwork, encouraging leadership and co-operation within a group</i></p>
<p>Reading Club: <i>what is there to say other than open that book and explore a whole new world. Shining and shimmering tales to wind us down from an active day</i></p>		<p>Act it out: <i>The goal is for staff to utilize drama based activities to help foster creativity among the youth. The participants will build their self-esteem by stepping out of their comfort zone and participating in new and engaging activities. The youth will also develop a greater understanding about empathy, through interactive drama games and developing characters.</i></p>	<p>Free Time: <i>this is a half hour sport play time, planned by one of our all-star staff. This includes but not limited to; Hockey, Baseball, Soccer, Basketball etc. Who knows what it will be that day, come find out!</i></p>