



Boys & Girls Clubs



Big Brothers Big Sisters

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of Edmonton & Area

Africa Centre & Duggan Boys and Girls Club
5, 3724 105 street Edmonton AB
780-822-2565 (club) 780-483-0383 (Club Coordinator)
Tuesday (3:30 -6:00pm) Thursday (2:30 -6:00pm)

Weekly Program Schedule November 2017

Time	Tuesday 3:30 -6:00 pm	Time	Thursday 2:30 - 6:00 pm
3:30- 4:00	Free Time options: Ping pong, coloring, Lego and Foosball / Power Up.	2:30 - 3:30	Free Time options: Ping pong, coloring, Lego and foosball.
4:00 – 4:30	Power up: <ul style="list-style-type: none"> • Reading • Skill Building • Structured academic activity. 	3:30 – 4:00	Power up: <ul style="list-style-type: none"> • Reading • Skill Building • Structured academic activity.
4:30 - 5:00	Snack Attack	4:00 – 4:30	Snack Attack
5:00 - 6:00	Gym night Club @St. Augustine school Gym.	4:30 – 6:00	Baking club/ Scifun (once a month)
6:00-6:30	Club closed	6:00 – 6:30	Club Closed

**** IMPORTANT DATES TO REMEMBER ****

- Club Closed on November 2nd.
- Agency holiday Christmas Party: Sunday November 26th.

** Parents/Guardians are responsible for picking up their children no later than the posted closing time. ** Calendar and Programming is subject to change.*



PROGRAM DESCRIPTIONS

Programs That Teach	Programs That Move	Program for the Leaders
<p><u>Power Up:</u></p> <p>Power up is a program for children who need some help in reading or need help with their homework. Children are encouraged to learn and practice their skills in a fun environment. It is open to children in any grade who can communicate in English. We also have EPL coming once a month to do academic programming with kids.</p>	<p><u>Gym night club:</u></p> <p>Gym Night Program is simple – Duggan club kids come to their local school gym to play sports, have fun, and learn about different skills in a safe, social environment. Duggan club staff will be dividing the children into different groups, based on size and ability, and running games and sports.</p> <p>The little kids can expect games like Duck, Duck, Goose, “What Time is it Mr. Wolf?”, and Stuck-In-The-Mud while the older kids can play sports like soccer, dodge ball, basketball and more!</p>	<p><u>Science Fun :</u></p> <p>Science Fundamentals is a registered charity and student group at the University of Alberta that aims to enhance elementary science education using interactive demonstrations. UoA students will be visiting Duggan club once a month to do the wide range of activities focusing on subjects from buoyancy and surface tension to genetics and human physiology</p> <p>Club kids will also get an opportunity to participate in an annual science exhibition called Science FUN day at the University in March, which offers exciting demonstrations, invited speakers that are experts in their field, and it's free for all kids and families to attend.</p>
<p><u>Baking Club:</u></p> <p>Baking club will introduce and give children the opportunity to develop their baking skill by measuring ingredients and following directions in sequence of steps. Staff will have a simple recipe ready on every Thursday. Staff will also prepare all ingredients needed before they gather the interested children</p>		

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