



Africa Centre & Duggan Boys and Girls Club
5, 3724 105 street Edmonton AB
780-822-2565 (club) 780-483-0383 (Club Coordinator)
Tuesday (3:30 -6:00pm) Thursday (2:30 -6:00pm)

Weekly Program Schedule February 2018 (Please see reverse for details)

Time	Tuesday 3:30 -6:00 pm	Time	Thursday 2:30 - 6:00 pm
3:30- 4:00	Free Time options: Ping pong, coloring, Lego and Foosball. Power Up.	2:30 - 3:00	Free Time options: Ping pong, coloring, Lego and foosball. Or Code club Canada.
4:00 – 4:30	Snack Attack	3:15 – 3:45	<ul style="list-style-type: none"> • Pink Shirt Day Activities.
4:30 - 4:45	Walk to St. Augustine school Gym.	3:45 – 4:30	Snack Attack .
4:45 - 6:00	Gym Night Club @St. Augustine School Gym.	4:30 – 6:00	<ul style="list-style-type: none"> • Reading Buddies. • Afro quiz preparation.
6:00-6:30	Club closed	6:00 – 6:30	Club Closed

**** IMPORTANT DATES TO REMEMBER****

Afro Quiz: February 24th.

Pink Shirt Day field trip: February 28th.

** Parents/Guardians are responsible for picking up their children no later than the posted closing time. ** Calendar and Programming is subject to change.*



Boys & Girls Clubs Big Brothers Big Sisters
of Edmonton & Area

PROGRAM DESCRIPTIONS

<u>Programs That Teach</u>	<u>Programs That Move</u>	<u>Program for Leaders.</u>
<p><u>Power up.</u></p> <p>Stumped with homework, an upcoming test, or a tricky research project? Or maybe you know a friend who needs extra support? All you need to do attend the Africa centre and Duggan Boys and Girls club on Thursdays.</p>	<p><u>Gym night club:</u></p> <p>Gym Night Program is simple – Duggan club kids come to their local school gym to play sports, have fun, and learn about different skills in a safe, social environment. Duggan club staff will be dividing the children into different groups, based on size and ability, and running games and sports. The little kids can expect games like Duck, Duck, Goose, “What Time is it Mr. Wolf?”, and Stuck-In-The-Mud while the older kids can play sports like soccer, dodge ball, basketball and more!</p>	<p><u>Zones of Regulation Training:</u></p> <p>The overall goal at the end of this program is for children and youth to continue building and coaching their interpersonal skills and self-identity. Another goal is to continue fostering children and youth’s positive self-esteem, build on their core values, self-esteem and</p>
<p><u>Code Club.</u></p> <p>Code Club is an after-school coding clubs for children 8 - 12 year olds. The Code Club projects are step by step guides for children to follow to create animations, games, websites and much more. Children will build up their programming skills as they move through the projects, and challenges provide opportunities to demonstrate and apply what’s been learnt with the support of awesome volunteers.</p>		<p><u>Reading Buddies Club:</u></p> <p>Reading Buddies is an opportunity for all the club volunteers, junior and high school student’s ages 11 to 17 years who attend the Duggan club to volunteer their time and enthusiasm mentoring kids in grades 1 to 4. Club volunteers, Teens and school-aged children are partnered for one-on-one reading and interactive games. The program will be run in partnership with EPL White Mud Branch.</p> <p><u>Afro Quiz 2018.</u></p> <p>Would you like to win an iPad or Samsung tablet? If you talk to a club staff and get your registration for the Afro quiz 2018. Afro Quiz is an annual Jeopardy-style quiz competition for kids of all ages celebrating the rich history of people of African and Caribbean descent around the globe. Afro Quiz is free and open to the community at large and aims to instill a sense of pride and appreciation of black history amongst the city’s youth. Club staff will help the kids to get registration for the Afro quiz 2018 and will provide resources to get ready for the competition.</p>

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