

## KINSMEN CLUB

14803 88A Street, Edmonton AB

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Boys & Girls Clubs



Big Brothers Big Sisters

Boys & Girls Clubs Big Brothers Big Sisters  
of Edmonton & Area

## Weekly Program Schedule February 2018

<b>Monday</b> <b>3:30 pm – 8:00 pm</b> <b>(Teen Night 11+)</b>	<b>Tuesday</b> <b>3:30 pm – 8:00 pm</b> <b>(Kids Night 10 And Under)</b>	<b>Wednesday</b> <b>3:30 pm – 8:00 pm</b> <b>(Drop In Night)</b>	<b>Thursday</b> <b>2:30 pm – 7:00 pm</b> <b>(Drop In Night)</b>	<b>Friday</b> <b>3:30 pm – 8:00 pm</b> <b>(Drop In Night)</b>
<b>3:30-4:30 pm:</b> Snack and Drop In Activities	<b>3:30-4:30 pm:</b> Snack and Drop In Activities	<b>3:30-4:30 pm:</b> Snack and Drop In Activities	<b>2:30-3:30 pm:</b> Snack and Drop In Activities	<b>3:30-4:30 pm:</b> Snack and Drop In Activities
<b>4:30-5:00 pm:</b> Homework or Reading  *Reading Club	<b>4:30-5:00 pm:</b> Homework or Reading  *Reading Club	<b>4:30-5:00 pm:</b> Homework or Reading  *Reading Club	<b>3:30- 4:15 pm:</b> 1.) Homework OR 2.) Book Club	<b>4:30-5:00 pm:</b> Homework or Reading  *Reading Club
<b>5:00-6:00 pm:</b> Dinner and Chores	<b>5:00-6:00 pm:</b> Dinner and Chores	<b>5:00-6:00 pm:</b> Dinner and Chores	<b>4:15-5:15 pm:</b> Dinner and Chores	<b>5:00-6:00 pm:</b> Dinner and Chores
<b>6:00-6:45 pm:</b> Conversation Cafe	<b>6:00pm- 6:45pm:</b> Zones of Regulation Program	<b>6:00-7:45 pm:</b> 1.) Acting Club OR 2.) Craft Night	<b>5:15-6:45 pm:</b> Anything can Happen Thursdays	<b>6:00-7:45 pm:</b> 1.) Cooking Club OR 2.) Movie Club
<b>6:45-7:45pm:</b> Teen Gym night at Dickensfield school	<b>6:45-7:45pm:</b> Kids gym night at Dickensfield school	<b>7:45-8:00 pm:</b> Club Care Time	<b>6:45-7:00 pm:</b> Club Care Time	<b>7:45-8:00 pm:</b> Club Care Time
<b>8:00-</b> Home time	<b>8:00-</b> Home time	<b>8:00-</b> Home time	<b>7:00-</b> Home time	<b>8:00-</b> Home time

### Important dates:

- February 7<sup>th</sup> – Cyber Bullying Awareness Day
- February 9<sup>th</sup> – Club Closure Day
- February 14<sup>th</sup> – Random Acts of Kindness Day
- February 15<sup>th</sup> – Academic Interclub Event Trip
- February 21<sup>st</sup> – Inspiring Kids to help others Day
- February 28<sup>th</sup> – Pink Shirt Day event at McCauley club

March 1<sup>st</sup> & 2<sup>nd</sup>: Teachers Convention Day Hours – Club is open 12:00pm to 5:00pm

*\*Parent/Guardian is responsible for picking up no later than the posted closing time, calendar is subject to change.*

## PROGRAM DESCRIPTIONS

Programs That Teach	Programs For Leaders	Programs That Create	Programs That Move
<p><b><u>Reading Club/Homework:</u></b> Academics are important, so come in and get some extra support from our knowledgeable staff or volunteers. Kids can also sign up for our reading club program that promotes academics for 30 minutes each day! Make yourself and reading club goal and try and reach it each month.</p>	<p><b><u>Club Care Time:</u></b> This short period of time gives you a chance to provide feedback to the facilitators regarding the programs you participated in. It will also include evening chores and clean up to promote club and community responsibility and leadership!</p>	<p><b><u>Acting club:</u></b> Everyone is welcome to participate in acting club! Kids/youth will work on their very own Production from start to finish. Participants can learn everything from acting to stage set up to costumes and props.</p>	<p><b><u>Gym Night:</u></b> On Mondays everyone 11 and older is invited to participate. On Tuesdays everyone 10 and under is welcome! You will participate in physical activity at the school gym. Practice dodgeball, soccer or basketball for club intermural and even be part of the club team!</p>
<p><b><u>Conversation Café:</u></b> Conversation Café is a time for youth/teens to chat and discuss current events, anything on their minds or just hang out in a comfortable and accepting environment. Teens/youth are encouraged to share ideas, brainstorm with staff or get help with resumes and post-secondary information if desired.</p>	<p><b><u>Cooking Club:</u></b> Do you like trying new recipes, learning about new ingredients or testing things out in the kitchen? Participants will explore cooking, reading recipes and creating tasty food creations to share with the club.</p>	<p><b><u>Craft Night:</u></b> If you enjoy being creative and making new things then craft night is for you! Everyone is welcome to come create a unique piece of art each week. Scissors, glue, paper and fun are all included in this hands on program.</p>	<p><b><u>Anything Can Happen Thursdays:</u></b> What better way to celebrate the upcoming weekend then having some time to do ANYTHING! Kids/youth can choose from various activities that interest them like sports, science, math, art or cooking. Club staff will work with club members to try something new each week.</p>
<p><b><u>Zones of Regulation Program:</u></b> This program is designed to teach kids about identifying their emotions, working through challenges that come with emotions, empathy for others and strategies to use.</p>		<p><b><u>Movie Club:</u></b> After a long week at school, sometimes it's nice to sit back and unwind with friends, snacks and a movie. In Movie club participants will watch a movie of their choice and end it with a group discussion about movie themes, what they learned from the movie and anything else that comes to mind.</p>	
<p><b><u>Book Club:</u></b> Join us every Thursday for book club. This program focuses on reading and interpretation skills while enjoying a story. All ages are welcome and participants will explore book themes, take turns reading and discussing.</p>			