

McCauley Club

9425 109 A Ave, Edmonton AB
 780.822.2549 www.bgcbigs.ca
 Mon, Tues, Wed, Fri 3:30pm – 6:30 pm
 Thurs-2:30pm-6:30pm



February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3:30-6:30	3:30-6:30	3:30-6:30	2:30-6:30 1	3:30-6:30 2	3
Club Closed				Cool Moves Basket Ball	Cooking Club Free Time	Club Closed
4	5	6	7	8	9	10
Club Closed	Art Club/ Rugby	Science Club Jr. NBA (Basketball) Rights in the Sun	Ballet	Cyberbullying Activity Basket Ball	Club Closure Day- Club Closed	Club Closed
11	12	13	14	15	16	17
Club Closed	Art Club/ Rugby	Science Club Jr. NBA (Basketball) Rights in the Sun	Ballet	Random Acts of Kindness Activity Club closes at 5:00pm	Cooking Club Free Time	Club Closed
18	19	20	21	22	23	24
Club Closed	Family Day (Club Closed)	Science Club Jr. NBA (Basketball) Rights in the Sun	Ballet	Kids helping Kids Activity Basket Ball	Cooking Club Free Time	Club Closed
25	26	27	28			
Club Closed	EPL Program (4-5pm) Rugby	Science Club Jr. NBA (Basketball) Rights in the Sun	National Pink Shirt day Event at McCauley Gym (Wear pink)			

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	Monday (Arts/Physical Activity) 3:30-6:30pm		Tuesday (Experimental/ GELL) 3:30-6:30pm		Wednesday (U can DANCE!) 3:30-6:30pm		Thursday (Cool moves/ Basketball) 2:30-6:30pm	Friday (Healthy and Tasty Friday) 3:30-6:30pm
2:30	closed		closed		closed		Walking school bus Snack/free time	closed
3:00	Walking school bus		Walking school bus		Walking school bus			Walking school bus
3:30	Snack/free time Experience Room		Snack/free time Experience Room		Snack/free time Experience Room		Experience Room	Snack/free time Experience Room
4:15	Art club (4-5pm)		Science Club (4-5pm)		Ballet /6-9yrs (4-5pm)		Cool moves/National Pink Shirt Day Activities	Cooking Club
4:30								
5:00	Dinner/Chores		Dinner/Chores		Dinner/Chores		Dinner/Chores	Dinner/Chores
5:30	Rugby with Tamara (5:30pm- 6:45pm)	Coloring Activity	Jr. NBA (Basketball) 5:30pm- 6:30pm	Rights in the Sun	Ballet/10-14yrs (5:30-6:30pm)	Word Search/ Scramble	Basket Ball	Free Time
6:30	Home time		Home time		Home time		Home time	Home time

Important Dates:

February 8 - Cyberbullying Activity
February 9 - Club Closure Day-Club Closed
February 15 - Random Acts of Kindness Activity
February 15 – club closes at 5:00 pm

February 19 - Family Day (Club Closed)
February 22 - Kids helping Kids – inspiring kids to help others
February 28 - Pink Shirt day Event at McCauley Gym

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Programs That Teach	Programs for Leaders	Programs That Create	Programs That Move
<p>Science: This program is designed to encourage children to think, talk and work the way scientists do by building on their natural curiosity about the world and interact with scientific concepts. It aims to foster children’s intellectual skills, motivation to learn, and build confidence in themselves as learners.</p>	<p>GELL - Rights in the Sun: This is a program for leaders and it aims to explore your feelings about Human Rights in the world around you. It is a great way to learn about the importance of Human Rights and how to be a positive role model and leader in your club and community.</p>	<p>Cooking Club: let’s get cooking. Join us in our fancy kitchen and learn the fundamentals of cooking nutritious meals. We explore cuisines from around the world, and the best part is, we get to eat them too. The overall goal is for children and youth to learn about the fundamentals of baking. Through fun and engaging activities, children and youth will explore different baking methods around the world and will utilize their skills in preparing world foods.</p>	<p>Ballet: this is an ideal activity for kids to learn strength, flexibility, and movement. Classes are tailored to encourage fun, creativity and a love of dance through movement to music. Students will begin to learn the basic posture and turn out required for ballet as well as coordination, flexibility and musicality</p>
<p>Word Scramble/Searches: This is a fun and engaging way for children to explore new worlds of knowledge, improve their spelling and concentration skills, as well as enhance their visual insight and most importantly, being entertained and have fun with the puzzles. It is also a great way to build on teamwork and collaboration skills with each other.</p>	<p>Cool Moves: A great way to learn about nutrition and understand the Canadian food guide. The goal is for children and youth to learn about balancing healthy lifestyle with the combination of nutrition and physical activities. Kids will learn how to prepare healthy day to day snack following the Canadian food guide, and will extend their knowledge and skills in some fun interactive games that builds on physical literacy.</p>	<p>Art Club: The goal of this program is to empower the youth to learn about and practice different mediums, styles, and techniques in the field of fine arts. It will encourage the youth to express their individuality through a creative outlet. Staff will teach the participants the correct way to utilize art supplies and get the best results. Art club will also give youth an opportunity to obtain employability skills.</p>	<p>Free Time: this is a half hour sport play time, planned by one of our all-star staff. This includes but not limited to; Hockey, Baseball, Soccer, Basketball etc. Who knows what it will be that day, come find out!</p>
<p>National Pink Shirt Day Activities: This year, Pink Shirt Day is encouraging kids and others to combat cyberbullying by thinking twice before posting something negative, and instead using the internet to spread kindness. These are weekly activities schedule to foster understanding of cyberbullying and instill positivity and kindness with kids while commemorating Pink Shirt Day..</p>		<p>Basketball: is a fun and interactive physical activity program that will focus on enhancing kids dribbling, passing, shooting, running, jumping, throwing, catching, balance, agility, and co-ordination skills.</p>	<p>Jr. NBA: Jr. NBA is a fun an interactive program that will focus on the fundamental movement skills of running, jumping, throwing, catching, balance, agility, and co-ordination. The program will also work to begin the development of some of the fundamental basketball skills such as dribbling, passing, shooting, rebound and playing defense.</p>