

## Steinhauer Club

10729, 31 Avenue Edmonton AB

780-822-2563 (club) 780-483-0383 (Club Coordinator)

Monday (3:30 -6:00pm) Wednesday (3:30 -6:00pm) Friday (3:30 -6:00pm)

Registered Boys Program @ Steinhauer club Wednesday 6:00-7:30.



Boys & Girls Clubs



Big Brothers Big Sisters

Boys & Girls Clubs Big Brothers Big Sisters  
of Edmonton & Area

## Weekly Program Schedule February 2018 (Please see reverse for details)

Time	Monday 3:30 -6:00 pm	Time	Wednesday 3:30 -6:00 pm	Time	Friday 3:30 -6:00 pm
3:30- 4:00	Free Time options: Wii, computer time, coloring /Lego.	3:30 - 4:00	Free Time options: Wii, computer time, coloring /Lego	3:30 - 4:00	Free Time options: Wii, computer time, coloring /Lego
4:00-4: 30	Power Up! <ul style="list-style-type: none"> <li>• Reading Club</li> <li>• Home Work Help.</li> <li>• Worksheets.</li> </ul>	4:00 - 4: 30	Pink shirt Day Activities.	4:00 - 4:30	Power Up! <ul style="list-style-type: none"> <li>• Reading Club</li> <li>• Home Work Help.</li> <li>• Worksheets</li> </ul>
4:30 -5:00	Snack Attack	4:30 - 5:30	Gym night club @Steinhauer school Gym. Girls Gear Up	4:30 - 5:00	Snack attack
5:00- 6:00	Science / Art club	5:30 – 6:00	Snack Attack	5:00 – 6:00	Go Girls.
6:00 – 6:30	Club Closed	6:00 – 6:30	Club Closed	6:00 – 6:30	Club Closed.

### **\*\* IMPORTANT DATES TO REMEMBER\*\***

Club Closed: Monday February 5<sup>th</sup> and February 19<sup>th</sup>

Pink Shirt Day field trip: February 28<sup>th</sup>.

## PROGRAM DESCRIPTIONS

<u>Programs That Teach</u>	<u>Programs for Leaders</u>	<u>Programs That Move</u>	<u>Program That Create</u>
<p><b><u>Power Up:</u></b></p> <p>Power up is a program for children who need some help in reading or need help with their homework. Children are encouraged to learn and practice their skills in a fun environment. It is open to children in any grade who can communicate in English. We have EPL coming once a month to do academic programing with kids.</p>	<p><b><u>Boys Group:</u></b></p> <p>Boys’ group programs is to provide boys and young men with information and support to make informed choices about a range of healthy lifestyle practices. Through non-traditional physical activities complemented with healthy eating support participants are engaged in life skills, communication and emotional health discussions.</p>	<p><b><u>Gym night club:</u></b></p> <p>Gym Night Program is simple – steinhauer club kids come to their local school gym to play sports, have fun, and learn about different skills in a safe, social environment. Steinhauer club staff will be dividing the children into different groups, based on size and ability, and running games and sports. The little kids can expect games like Duck, Duck, Goose, “What Time is it Mr. Wolf?’, and Stuck-In-The-Mud while the older kids can play sports like soccer, dodge ball, basketball and more!</p>	<p><b><u>Art and Craft Club:</u></b></p> <p>Kids love doing a variety of arts and crafts as an outlet to be creative and have some fun! Little do they know that it is so good for their development as well? This program allow club members to explore a variety of art and craft activities where they can learn and develop their gross motor skills, self-regulation and build their self-esteem</p>
<p><b><u>Science club:</u></b></p> <p>A science club is an out-of-school-hours club for kids that offers children the chance to do science-related activities that extend and enhance the science they experience in the classroom. The program allow each child to experience a lab environment by conducting a variety of experiments. Let’s talk science volunteers will facilitate this program.</p>		<p><b><u>Girls Gear Up:</u></b></p> <p>The program will give girls an opportunity to participate in Canadian sports such as lacrosse, hockey, and curling – to name a few. This is a registered program with limited space so please sign your child up by calling Stephanie at 780.822.2563 today. The aim of this program is:</p> <ul style="list-style-type: none"> <li>• Girls gain valuable skill in sports.</li> <li>• Feel empowered to take on any type of sport.</li> <li>• Boost confidence and positive self-identity.</li> </ul>	

*\* Parents/Guardians are responsible for picking up their children no later than the posted closing time. \*\* Calendar and Programming is subject to change.*

