

AFRICA CENTRE CLUB

6779 129 Ave, Edmonton AB

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Boys & Girls Clubs



Big Brothers Big Sisters

Boys & Girls Clubs Big Brothers Big Sisters
of Edmonton & Area

Weekly Program Schedule March 2017

Monday Club Closed	Tuesday Club Closed	Wednesday 3:15 pm – 8:00 pm Drop off times - 3.15-3.45 pm - 5.00-5.15 pm	Thursday 12.00 pm – 5.00 pm Drop off times - 12.00-12.30 pm - 3.00-3.15 pm	Friday 3.15 pm- 8.00 pm Drop off times - 3.15-3.45 pm - 5.00-5.15 pm	Saturday 12.00pm- 5.00 pm Drop off times - 12.00-12.30 pm - 3.00-3.15 pm
		3:15-4:00 pm: Sign in/Drop In Activities	12:00-1:00 pm: Sign in/ Drop In Activities	3.15-4:00 pm: Sign in/ Drop In Activities	12.00-1.00 pm: Sign in / Drop In Activities
		4.00-5.00 pm: Homework/reading	1:00-2:00 pm: Homework/Reading	4:15-5:15 pm: Sports club	1pm-2 pm: Jump Math/Science club
		5:00-7:00 pm: - Drumming - Snack - Dance	2:00-3:00 pm: Snack	5:15-6:00 pm: Snack	2:00-3:00 pm: Snack
		7:00-7:45: Community caretakers	3:00- 4:00 pm: Sports club	6:00-7:00 pm: Girls' group/ Boys' group	3:00-4:00 pm: Sports club
		7:45-8:00: Home time	4:00-4:45 pm: Arts and Crafts/ Poetry club	7.00-7.45pm: Inspiration time (TEDx kids/youth)	4:00-4:45 pm: Life skills
			4:45-5:00 pm: Home time	7:45-8:00 pm: Home time	4:45-5:00pm: Home time

Important notes

- Spring break hours (TBD)

PROGRAM DESCRIPTIONS

Programs That Teach	Programs For Leaders	Programs That Create	Programs That Move
<p>Culture Club/Current Events: <i>Want to learn about different countries of the world? Want to try their food, practice their language, and play their games? Do you want to learn about what is happening around the world today? Then come, check out Culture Club/Current Events, and explore everything that we have to offer!</i></p>	<p>Inspiration time: <i>In this program the kids will watch/conduct TEDX talks. This will enhance their public speaking skills as well as inspire them to be innovative and think outside the box!</i></p>	<p>Arts and Crafts Club: <i>Are you creative? If not, would you like to be? Then this program is for you. With various crafts and projects, kids will be encouraged to use their imagination and talents to create works of art!</i></p>	<p>African Drumming and Dance <i>Children will have a chance to learn about African culture through traditional dance and drumming, while simultaneously hearing engaging history lessons about the origins of what they are learning. The kids will also have a chance to create their own performance routines using the acquired African drumming and dance skills.</i></p>
<p>Homework and Reading Club: <i>Academics are important, so come in and get 1 on 1 support with your homework from our knowledgeable staff and volunteers. You will also have the opportunity to read through a wide variety of exciting books, and to do so with an older 'buddy' every Tuesday and Thursday!</i></p>	<p>Community Caretakers: <i>In this program you will eat smart, play cool, and learn the benefits of nutritious eating and regular physical activity. Want to become more of a leader? It will also give you an opportunity to develop your leadership skills, help deliver activities, and become caretakers of the community!</i></p>	<p>Poetry Club: <i>Do you enjoy or want to learn more about writing and all of the different aspects of it? Then come and check out this program where you will learn about writing poetry, stories, plays, rap, and much more!</i></p>	<p>Sports Club: <i>Want to learn a variety of new sports, as well as play the old ones you love? Then join us and discover the importance of playing sport for fun, teamwork, cooperation, and the importance of incorporating physical activity in your life!</i></p>
<p>Jump Math: <i>Enjoy math? Need some help with it? This is a fun program designed to increase your skill and confidence in this subject. Using laptops, workbooks, and games, you will be able to progress at your own pace with the help of staff and volunteers!</i></p>	<p>Boys' Group: <i>All boys 11 or older are welcome to come and learn the importance of physical activity and healthy eating. You will also learn about male societal expectations and how to treat girls, boys, and adults, as well as important life skills such as tying a tie and changing a tire!</i></p>		
<p>Science Club: <i>Do exploding volcanoes sound cool? How about launching rockets 100 feet into the air? Then science club is the place for you. Come and participate in various exciting experiments while learning all about science and nature, including how to use a microscope and how to write a hypothesis!</i></p>	<p>Girls Group: <i>All girls 11 or older are welcome to join this program which will provide you with information, tools, and support to help live an active lifestyle, make balanced eating choices, and feel good about yourself and your abilities. You will be participating in fun physical activities and interesting discussions!</i></p>		
<p>Life skills training: <i>This program will conduct both informal and formal training that helps the kids achieve their personal best in life. The kids will learn decision making skills, social skills, time management skills, hygiene, budgeting and many other skills through fun activities.</i></p>			

