

McCauley Club

9425 109 A ave, Edmonton AB
 780.822.2549 www.bgcbig.ca
 Mon, Tues, Wed, Fri 3:30pm – 6:30 pm
 Thurs-2:30pm-6:30pm



Boys & Girls Clubs Big Brothers Big Sisters
 of Edmonton & Area

March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			3:30-6:30 1	9:00-4:00 2	9:00-4:00 3	4
			Soccer/ Rugby	Academics Field trip-TBD	Free Play / Jr. Chef Movie day	Club Closed
5	3:30-6:30 6	3:30-6:30 7	3:30-6:30 8	2:30-6:30 9	3:30-6:30 10	11
Club Closed	Arts&Culture	Community/Team building	Soccer/ Rugby	Academics	Free Play / Jr. Chef	Club Closed
12	3:30-6:30 13	3:30-6:30 14	3:30-6:30 15	2:30-6:30 16	3:30-6:30 17	18
Club Closed	Arts&Culture	Community/Team building	Soccer/ Rugby	Academics	Club Closure Day	Club Closed
19	3:30-6:30 20	3:30-6:30 21	3:30-6:30 22	2:30-6:30 23	3:30-6:30 24	25
Club Closed	Arts&Culture EPL Program	Community/Team building	Soccer/ Rugby	Academics	Free Play / Jr. Chef	Club Closed
26	9:00-4:00 27	9:00-4:00 28	9:00-4:00 29	9:00-4:00 30	9:00-4:00 31	
Club Closed	Field trip-Vertically Incline	Acalympics event at McCauley club closes at 12:00 pm	Field trip-TBD		Free Play / Jr. Chef/ Field tip-commonwealth	Club Closed

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	Monday (Mosaic Monday) 3:30-6:30pm		Tuesday (Teamwork Tuesday) 3:30-6:30pm		Wednesday (Throwing Kicking Wednesday) 3:30-6:30pm		Thursday (Intellectual Thursday) 2:30-6:30pm		Friday (Fun Tasting Friday) 3:30-6:30pm	
2:30	closed		closed		closed		Walking school bus Snack/free time		closed	
3:00	Walking school bus		Walking school bus		Walking school bus		Cool Moves		Walking school bus	
3:30	Snack time		Snack time		Snack time		Talent show rehearsals		Snack time	
4:00	Talent show rehearsals		Cool Moves		Soccer with Matt				Free Gym	
4:30	Culture club	Art Club	Zones of regulations training	Team Builders/Club contributions ➤	Dinner/Chores		Reading Club	Homework Help	Kids choice	
5:00	Wind down		Wind down				Rugby with Tamara		Jump math	Homework Help
5:45	Dinner trivia		Dinner trivia		Dinner trivia					
6:00	Dinner /Chores/Home time		Dinner /Chores/Home time		Dinner /Chores/Home time		Dinner/Chores/Home time		Dinner /Chores/Home time	
6:30										

IMPORTANT DATES TO REMEMBER!!!

- March 2nd-3rd- club hours are 9:00am-4:00pm
- March 2nd –Field trip TBD
- March 17th -club closure day
- March (27th -30th)-club hours are 9am-4pm
- March 28th- Acalympics event (12pm-4pm)-Club closes for non-participants at 12:00pm
- March 28th – Field Trip TBD
- March 31st –Field trip to Commonwealth Recreation Centre (Club closed to non-participants)

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Programs That Teach	Programs for Leaders	Programs That Create	Programs That Move
<p>Culture Club: This program aims to introduce club members to a variety of different and unique cultures from around the world. One main goal of the Culture Club is to engage children and youth in human rights learning and to teach the importance of acceptance among different cultures</p>	<p>Zones of Regulations: This is your time to learn skills that will help you effectively Self-regulate when you feel like you are encountering trying circumstances that test your limits from time to time. This program will enable you to recognize when you are becoming less regulated and teach you skills to help you feel better and get yourself to a good place.</p>	<p>JR Chefs: let's get cooking. Join us in our fancy kitchen and learn the fundamentals of cooking nutritious meals. We explore cuisine around the world, and the best part is, we get to eat them too.</p>	<p>Rugby Program: Why should you consider rugby as a new sport to play? Rugby values teamwork, builds fitness and endurance, develops your hand- eye coordination, motor skills, decision making skills and skills to be able to run and pass and THINK all at the same time. Plus, Tamara and her team are amazing trainers.</p>
<p>Jump Math A, B, and C: An exciting, interactive program that enhances math skills along the Alberta curriculum. There are three levels based on grade level so that every youth can dive into math whether it is doing basic addition, establishing patterns, or multiplying like a pro!</p>	<p>Club Contributions: this club allows you to give back. Design, create, and make your own piece of memorabilia. Allow our creative staff to guide you in developing your own creation to add to the beauty of our club</p>	<p>Art Club: this drop in club allows members to explore a variety of mediums to create their own artistic creations each week while learning about the history behind the art.</p>	<p>Cool Moves: a great way to begin our club hours. We will have a healthy snack. Why stop there we will also get moving playing some fun interactive games that will explore physical literacy</p>
<p>Kid's choice: This is a fun interactive time spent in the gym where all the activities are selected by kids. It is a great way to enhance your self-confidence, communications and teambuilding skills.</p>	<p>Team Builders: come join this drop in club. Play fun challenging games and get to know your fellow club members. Share, Laugh, Play</p>	<p>Wind Down: The activities in this group help you express your imaginative and creative skills from making bracelets to building fun puzzles and creating personal collages. The goal is to create a relaxing environment for kids to explore their imaginative thoughts and transformed them through the activities planned. So come join us express yourself.</p>	<p>Sports time/Free gym: this is a half hour sport play time, planned by one of our all-star staff. This includes but not limited to; Hockey, Baseball, Soccer, Basketball etc. Who knows what it will be that day, come find out!</p>
<p>Reading Club: what is there to say other than open that book and explore a whole new world. Shining and shimmering tales to wind us down from an active day</p>			