



AFRICA CENTRE CLUB

6770 129 Ave, Edmonton AB

780.822.2560 (Club) 780.264.4326 (Club Coordinator)



Boys & Girls Clubs



Big Brothers Big Sisters

Boys & Girls Clubs Big Brothers Big Sisters
of Edmonton & Area

Weekly Program Schedule September 2017

Monday Club Closed	Tuesday Club Closed	Wednesday 3:15 pm – 8:00 pm Drop off times - 3.15-3.45 pm - 5.00-5.15 pm	Thursday 12.00 pm – 5.00 pm Drop off times - 12.00-12.30 pm - 3.00-3.15 pm	Friday 3.15 pm- 8.00 pm Drop off times - 3.15-3.45 pm - 5.00-5.15 pm	Saturday 12.00pm- 5.00 pm Drop off times - 12.00-12.30 pm - 3.00-3.15 pm
		3:15-4:00 pm: Sign in/Drop In Activities	12:00-1:00 pm: Sign in/ Drop In Activities	3.15-4:15pm: Sign in/ Drop In Activities	12.00-1.00 pm: Sign in / Drop In Activities
		4.00-5.00 pm: Snack	1:00-2:00 pm: Snack	4:15-5:00 pm: Snack	1.00pm-2.00pm: Power of the pen/ Book club
		5:00-7:00 pm: Culture club	2:00-3:00 pm: Homework Time	5:00-6:00 pm: Torch club/ Power up	2:00-3:00 pm: Snack
		7:00-7:45: Homework/reading	3:00- 4:00 pm: Soccer club/Wellness club	6:00-7:00 pm: Sport's club	3:00-4:00 pm: Sports club
		7:30-8:00: Home time	4:00-4:45 pm: Quiet time/ Reading time	7.00-7.45pm: Kid's lounge	4:00-4:45 pm: Anything can happen!
			4:45-5:00 pm: Club care/ Home time	7:45-8:00 pm: Club care/Home time	4:45-5:00pm: Club care/ Home time

Important dates

- September 5th – Club closure day
- September 6th – Fall club programming resumes

PROGRAM DESCRIPTIONS

Programs That Teach	Programs For Leaders	Programs That Create	Programs That Move
<p>Culture Club: <i>Want to learn about different countries of the world? Want to try their food, practice their language, and play their games? Do you want to learn about what is happening around the world today? Then come, check out Culture Club/Current Events, and explore everything that we have to offer!</i></p>	<p>Zero to Hero Hour: <i>This program will conduct both informal and formal training that helps the kids develop public speaking skills. The kids will learn preparation, presentation and Do's and Do not's of public speaking through fun activities. This program will help the kid overcome the fear of speaking in public and boost his/her confidence from zero to a hero's level of confidence.</i></p>	<p>Power of the pen: <i>Are you creative? If not, would you like to be? Then this program is for you. This program will provide the opportunity to improve your literacy skills and strengthen your writing skills by helping you create a narrative that includes a character, setting, conflict and resolution.</i></p>	<p>African Drumming and Dance <i>Children will have a chance to learn about African culture through traditional dance and drumming, while simultaneously hearing engaging history lessons about the origins of what they are learning. The kids will also have a chance to create their own performance routines using the acquired African drumming and dance skills.</i></p>
<p>Book Club: <i>In this program the kids will focus on improving confidence in reading and understanding the narrative structure of books. Kids will have the opportunity to read through a wide variety of books and earn rewards for pages read.</i></p>	<p>Torch club: <i>This program will empower youth with the knowledge and the skills to make positive choices in their lives in addition to giving them a place to use their creative skills to make a difference.</i></p>	<p>Kid's lounge: <i>This time will offer many different evening activities! From card tournaments to Karaoke, the night is full of possibilities and open for kids to create their own activities and share with the other members.</i></p>	<p>Sports Club: <i>Want to learn a variety of new sports, as well as play the old ones you love? Then join us and discover the importance of playing sport for fun, teamwork, cooperation, and the importance of incorporating physical activity in your life!</i></p>
<p>Wellness club: <i>This is a fun program designed to increase the kid's knowledge about various kinds of healthy fruits, vegetables, grains and meat products which constitute a healthy meal and how to prepare healthy snacks.</i></p>	<p>Club Care Time: <i>This short period of time will consist of the kids providing feedback to the facilitators regarding the program they participated in. It will also include evening chores and clean up to promote club responsibility and leadership.</i></p>		<p>Anything can happen: <i>After a long week at school it's time to enjoy your freedom. And what better way to do that than by coming in and participating in a variety of fun and exciting activities! Sports tournaments, fun guest speakers, movies, anything can happen on these Saturday afternoons!</i></p>
<p>Homework and Power up: <i>This program will provide a designated time for kids to complete their homework, while receiving support and mentorship from staff. Within this program, teens will also be given the opportunity to learn about post-secondary options, scholarships and leadership opportunities and complete activities that will focus on career planning and development.</i></p>			

