



Africa Centre & Duggan Boys and Girls Club
5, 3724 105 street Edmonton AB
780-822-2565 (club) 780-483-0383 (Club Coordinator)
Tuesday (3:30 -6:00pm) Thursday (2:30 -6:00pm)

Weekly Program Schedule October 2017

Time	Tuesday 3:30 -6:00 pm	Time	Thursday 2:30 - 6:00 pm
3:30- 4:00	Free Time options: Ping pong, coloring, Lego and Foosball / Power Up.	2:30 - 3:30	Free Time options: Ping pong, coloring, Lego and foosball.
4:00 – 4:30	Power up: <ul style="list-style-type: none"> • Reading • Skill Building • Structured academic activity. 	3:30 – 4:00	Power up: <ul style="list-style-type: none"> • Reading • Skill Building • Structured academic activity.
4:30 - 5:00	Snack Attack	4:00 – 4:30	Snack Attack
5:00 - 6:00	Art and Craft Club/ Gym night Club @St. Augustine school Gym.	4:30 – 6:00	Baking club.
6:00-6:30	Club closed	6:00 – 6:30	Club Closed

**** IMPORTANT DATES TO REMEMBER ****

- **Bowling field trip: October 3rd.**
- **Health and Nutrition Field trip: October 19th.**

** Parents/Guardians are responsible for picking up their children no later than the posted closing time. ** Calendar and Programming is subject to change.*



PROGRAM DESCRIPTIONS

Programs That Teach	Programs That Move	Program That Create.
<p><u>Power Up:</u></p> <p>Power up is a program for children who need some help in reading or need help with their homework. Children are encouraged to learn and practice their skills in a fun environment. It is open to children in any grade who can communicate in English. We also have EPL coming once a month to do academic programing with kids.</p>	<p><u>Gym night club:</u></p> <p>Gym Night Program is simple – Duggan club kids come to their local school gym to play sports, have fun, and learn about different skills in a safe, social environment. Duggan club staff will be dividing the children into different groups, based on size and ability, and running games and sports.</p> <p>The little kids can expect games like Duck, Duck, Goose, “What Time is it Mr. Wolf?”, and Stuck-In-The-Mud while the older kids can play sports like soccer, dodge ball, basketball and more!</p>	<p><u>Art and Craft Club:</u></p> <p>Kids love doing a variety of arts and crafts as an outlet to be creative and have some fun! Little do they know that it is so good for their development as well? This program allow club members to explore a variety of art and craft activities where they can learn and develop their gross motor skills, self-regulation and build their self-esteem. Our Amazing club volunteer Marie Winters have created cool craft for the kids.</p>
<p><u>Baking Club:</u></p> <p>Baking club will introduce and give children the opportunity to develop their baking skill by measuring ingredients and following directions in sequence of steps. Staff will have a simple recipe ready on every Thursday. Staff will also prepare all ingredients needed before they gather the interested children</p>		

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