

Sakaw Club

10, 1275 62 street Edmonton AB

780-822-2564 (club) 780-483-0383 (Club Coordinator)

Monday (3:30 -6:00pm) Wednesday (3:30 -6:00pm) Thursday (2:30 -6:00pm)



Boys & Girls Clubs



Big Brothers Big Sisters

Boys & Girls Clubs Big Brothers Big Sisters
of Edmonton & Area

Weekly Program Schedule September 2017

Time	Monday 3:30 -6:00pm	Time	Wednesday 3:30 -6:00pm	Time	Thursday 2:30 -6:00pm
3:30- 4:00	Free time options: computer time, Foosball, Wii, coloring, Lego.	3:30 - 4:00	Free time options: computer time, Foosball, Wii, coloring, Lego.	2:30 - 3:30	Free time options: computer time, Foosball, Wii, coloring, Lego.
4:00-4: 30	Power up! <ul style="list-style-type: none"> • Reading Club • Home Work Help. • Structured academic activity. 	4:00 - 4: 30	Power up! <ul style="list-style-type: none"> • Reading Club. • Home Work Help • Structured academic activity. 	3:30 - 4:00	Power up! <ul style="list-style-type: none"> • Reading Club. • Home Work Help. • Structured academic activity.
4:30 -5:00	Snack Attack	4:30 - 5:00	Snack Attack.	4:00– 4:30	Snack Attack.
5:00- 6:00	Baking club /outdoor games	5:00 - 6:00	Art and craft club.	4:30 – 6:00	<ul style="list-style-type: none"> • Kickball @ sakaw School Park.
6:00 - 6:30	Club Closed	6:00 - 6:30	Club Closed	6:00 - 6:30	Club Closed

**** IMPORTANT DATES TO REMEMBER****

- **First Day of Fall Programming: Monday September 11th.**
- **Club closure week: September 5th- September 8th.**
- **Parent Information Night @ Sakaw School Gym from 6:00 pm to 7:15 pm.**

** Parents/Guardians are responsible for picking up their children no later than the posted closing time. ** Calendar and Programming is subject to change.*

PROGRAM DESCRIPTIONS

Programs That Teach	Programs That Create	Programs That Move
<p><u>Power Up:</u></p> <p>Power up is a program for children who need some help in reading or need help with their homework. Children are encouraged to learn and practice their skills in a fun environment. It is open to children in any grade who can communicate in English. We also have EPL coming once a month to do academic programing with club members.</p>	<p><u>Art and Craft Club:</u></p> <p>Kids love doing a variety of arts and crafts as an outlet to be creative and have some fun! Little do they know that it is so good for their development as well? This program allow club members to explore a variety of art and craft activities where they can learn and develop their gross motor skills, self-regulation and build their self-esteem.</p>	<p><u>Kickball:</u></p> <p>Kickball is a great game to play for exercise and fun with minimal equipment. Duggan club kids will get the opportunity to practice and learn different Kickball game skills every week on Thursday in the Duggan park. The session will be led by staff and club volunteers and open for kids of all ages to join. The rules of Kickball are very similar to that of baseball. However, instead of hitting a baseball, a Kickball player kicks a rubber ball. The goal is to score runs/points by running around and touching all four bases in order without getting out.</p>
<p><u>Baking Club:</u></p> <p>Baking club will introduce and give children the opportunity to develop their baking skill by measuring ingredients and following directions in sequence of steps. Staff will have a simple recipe ready on every Thursday. Staff will also prepare all ingredients needed before they gather the interested children</p>		