



## Program Schedule Week #1 Tuesday, February 2 – February 5<sup>th</sup>, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, Feb 2 Cohort 1 3:30 pm – 8:00 pm	Wednesday, Feb 3 Cohort 1 3:30 pm – 8:00 pm	Thursday, Feb 4 NO CLUB	Friday, Feb 5 Cohort 2 3:30 pm – 8:00 pm
	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time		<b>3:30-4:00 pm:</b> Hand washing and Snack time
	<b>4:00-5:00 pm: STEM</b> <b>Activity #1 :</b> 3...2...1 Blast off Rocket Science	<b>4:00-5:00 pm: BeBetter4U</b> - <b>Warm up:</b> Gratitude Game - Coping Strategies Discussion - <b>Activity #1 :</b> Stress Ball		<b>4:00pm – 4:55 pm:</b> <b>Outdoors/Physical Activity</b> - Sliding in Bannerman Field - Frozen Jump the Jordan
	<b>5:00-6:00 pm: Dinner and Clean up</b>	<b>5:00-6:00 pm: Dinner and Clean up</b>		<b>5:00 -6:00 pm : Dinner and Clean up</b>
	<b>6:00pm- 6:45pm: Physical Activity</b> - Noodle Germ Tag - Balloon Badminton	<b>6:00-6:45 pm: Physical Activity</b> - Copy Cat Stretching - Snow Critters Competition		<b>6:00 -6:45: STEM</b> <b>Activity #1 :</b> 3...2...1 Blast off Rocket Science <b>6:45: Physical Game Break</b> - Jump The Jordan
	<b>6:45-7:45pm: POWERUP!</b> <b>Activity #1 :</b> Alien PenPal  <b>7:45- 8:00: Clean Up</b>	<b>6:45-7:45 pm: Arts &amp; Culture</b> <b>Art Club!</b> – Australian Indigenous Dot Art <b>7:45- 8:00: Clean up</b>		<b>7:00- 7:45:</b> Arts and Culture - ArtClub! Pop-Up Art <b>7:45 – Clean up</b>
	<b>8:00-</b> Club End-Home	<b>8:00-</b> Club End- Home		<b>8:00 pm – Club End - Home</b>

- *Parents/guardians are responsible for picking up their children no later than posted closing time\*\*\* Calendar and programming is subject to change\*\*\**

## Bannerman Community League

14034 23 street, Edmonton AB

Club Coordinator Telephone # 780-264-4326

Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm

Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs



Big Brothers Big Sisters

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of Edmonton & Area

## Program Schedule Week #2 Feb 8 –Feb 13, 2021

- **Please complete daily COVID screening prior to your child attending Club**

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, Feb 9 Cohort 1 3:30 pm – 8:00 pm	Wednesday, Feb 10 Cohort 1 3:30 pm – 8:00 pm	Thursday, Feb 11 NO CLUB	Friday, Feb 12 Cohort 2 3:30 pm – 8:00 pm
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEAM Activity #1 : Floating Ink Experiment	4:00-5:00 pm: BeBetter4U Activity #1– Craft Breathing Dragon Activity #2– Anger Fortune Tellers		4:00pm – 4:55 pm: Outdoors/Physical Activity - Tap the Tree ( No Touch version of Kick the Can)
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity - Tap the tree ( no touch version of Kick the can)	6:00-6:45 pm: Physical Activity - Star Performer		6:00 -6:45: STEAM Activity #1: Floating Ink experiment 6:45: Back Pocket game
	6:45-7:45pm: Art Club! Activity #1 : Valentine cards / Friendship cards / Compassion Cards for Neighbors  7:45- 8:00: Clean Up	6:45-7:45 pm: POWERUP! Activity #1 : Breathing Test Activity #2 : Make, Mime, or Draw  7:45- 8:00: Clean up		7:00- 7:45 pm: Arts & Culture Valentines cards / Friendship cards / Compassion cards for Neighbors  7:45-8:00pm – Clean up
	8:00- Club End-Home	8:00- Club End- Home		8:00 pm – Club End - Home

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Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs



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## Program Schedule Week #3 Feb 15 – Feb 20, 2021

- Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, Feb 16 Cohort 1 3:30 pm – 8:00 pm	Wednesday, Feb 17 Cohort 1 3:30 pm – 8:00 pm	Thursday, Feb 18 NO CLUB	Friday, Feb 19 Cohort 2 3:30 pm – 8:00 pm
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEAM Activity : Design a Robot	4:00-5:00 pm: BeBetter4U Activity : Gratitude Jars		4:00pm – 4:55 pm: STEAM - Design a Robot
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity	6:00-6:45 pm: Physical Activity		6:00 -6:45:Outdoors/Physical activity - Sliding at Bannerman Hill
	6:45-7:45pm: POWERUP! Activity #1 : Goal Setting Activity #2 : Alphabet battle ship  7:45- 8:00: Clean Up	6:45-7:45 pm: Arts & Culture Topic: Belgium Activity: Comic Strips  7:45- 8:00: Clean up		7:00- 7:45: Arts and Culture Topic: Belgium Activity: Comic Strips  7:45 – 8:00 Clean up
	8:00- Club End-Home	8:00- Club End- Home		8:00 pm – Club End - Home

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Fridays Cohort 2- 3:30pm to 8:00pm



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## Program Schedule Week #4 Feb 22 – Feb 27, 2021

- **Please complete daily COVID screening prior to your child attending Club**

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, February 23 Cohort 1 3:30 pm – 8:00 pm	Wednesday, February 24 Cohort 1 3:30 pm – 8:00 pm	Thursday, February 25 NO CLUB	Friday, February 26 Cohort 2 3:30 pm – 8:00 pm
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEAM Activity: Zoetropes	4:00-5:00 pm: BeBetter4U Healthy Eating Habits and Recipes		4:00pm – 4:55 pm: STEAM Activity : Zoetropes
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity -	6:00-6:45 pm: Physical Activity		6:00 -6:45: Physical Activity -
	6:45-7:45pm: Arts & Culture Culture Club : Chad Activity: Camel Drawing  7:45- 8:00: Clean Up	6:45-7:45 pm: POWERUP! Activity : Personal Ads  7:45- 8:00: Clean up		7:00- 7:45: Arts & Culture Culture Club : Chad Activity: Camel Drawing  7:45 – Clean up
	8:00- Club End-Home	8:00- Club End- Home		8:00 pm – Club End - Home

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Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm

Fridays Cohort 2- 3:30pm to 8:00pm



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## Program Schedule Week #5 March 1 – March 6, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 2 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 3 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 4 NO CLUB	Friday, March 5 Cohort 2 3:30 pm – 8:00 pm
	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time		<b>3:30-4:00 pm:</b> Hand washing and Snack time
	<b>4:00-5:00 pm:</b> STEAM Activity: Catapult	<b>4:00-5:00 pm:</b> BeBetter4U Activity: Friendship Pizza		<b>4:00pm – 4:55 pm:</b> STEAM Activity: Catapult
	<b>5:00-6:00 pm:</b> Dinner and Clean up	<b>5:00-6:00 pm:</b> Dinner and Clean up		<b>5:00 -6:00 pm :</b> Dinner and Clean up
	<b>6:00pm- 6:45pm:</b> Physical Activity	<b>6:00-6:45 pm:</b> Physical Activity		<b>6:00 -6:45:</b> Physical Activity
	<b>6:45-7:45 pm:</b> Arts & Culture Culture Club: Costa Rica Activity: Frog on Lily Pad ( art attack)  <b>7:45- 8:00:</b> Clean Up	<b>6:45-7:45 pm:</b> POWERUP! Activity: Language Labels  <b>7:45- 8:00:</b> Clean up		<b>7:00- 7:45 pm :</b> Arts & Culture Culture Club: Costa Rica Activity: Frog on Lily Pad ( art attack) <b>7:45 – 8:00:</b> Clean up
	<b>8:00 pm -</b> Club End-Home	<b>8:00 pm-</b> Club End- Home		<b>8:00 pm –</b> Club End - Home

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Fridays Cohort 2- 3:30pm to 8:00pm



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## Program Schedule Week #6 March 8 –March 13

**Please complete daily COVID screening prior to your child attending Club**

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 9 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 10 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 11 NO CLUB	Friday, March 12 Cohort 2 3:30 pm – 8:00 pm  *CLUB CLOSURE*
	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time		
	<b>4:00-5:00 pm:</b> STEAM Activity : Marble Run	<b>4:00-5:00 pm:</b> BeBetter4U Activity: Positivity Canvas		
	<b>5:00-6:00 pm:</b> Dinner and Clean up	<b>5:00-6:00 pm:</b> Dinner and Clean up		
	<b>6:00pm- 6:45pm:</b> Physical Activity	<b>6:00-6:45 pm:</b> Physical Activity		
	<b>6:45-7:45pm:</b> Arts & Culture Culture Club: Nicaragua Activity : Rocking Shark  <b>7:45- 8:00:</b> Clean Up	<b>6:45-7:45 pm:</b> POWERUP! Activity: SUM big Fish  <b>7:45- 8:00:</b> Clean up		
	<b>8:00-</b> Club End-Home	<b>8:00-</b> Club End- Home		

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## Program Schedule Week #7 March 15 – March 20, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 16 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 17 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 18 NO CLUB	Friday, March 19 Cohort 2 3:30 pm – 8:00 pm
	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time		<b>3:30-4:00 pm:</b> Hand washing and Snack time
	<b>4:00-5:00 pm:</b> STEAM Activity : MAD scientist Thunderstorm Science	<b>4:00-5:00 pm:</b> BeBetter4U Activity : Positive thinking Jeopardy		<b>4:00pm – 4:55 pm:</b> STEAM Activity : Marble Run
	<b>5:00-6:00 pm:</b> Dinner and Clean up	<b>5:00-6:00 pm:</b> Dinner and Clean up		<b>5:00 -6:00 pm :</b> Dinner and Clean up
	<b>6:00pm- 6:45pm:</b> Physical Activity	<b>6:00-6:45 pm:</b> Physical Activity		<b>6:00 -6:45:</b> Physical Activity
	<b>6:45-7:45pm:</b> Arts & Culture Culture club: Zimbabwe Activity: Africa Coloring page  <b>7:45- 8:00 pm:</b> Clean Up	<b>6:45-7:45 pm:</b> POWERUP! Activity : The Amazing Number Race  <b>7:45- 8:00 pm:</b> Clean up		<b>7:00- 7:45 pm :</b> Arts & Culture Culture club: Zimbabwe Activity: Africa Coloring page  <b>7:45 – 8:00 pm :</b> Clean up
	<b>8:00 pm -</b> Club End-Home	<b>8:00 pm</b> Club End- Home		<b>8:00 pm –</b> Club End - Home

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## Program Schedule Week #8 March 22- March 27, 2021

**Please complete daily COVID screening prior to your child attending Club**

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 23 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 24 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 25 NO CLUB  *END OF TERM #3*	Friday, March 26 Cohort 2 3:30 pm – 8:00 pm  *CLUB CLOSURE *
	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time	<b>3:30-4:00 pm:</b> Hand Washing and Snack Time		
	<b>4:00-5:00 pm:</b> STEAM Activity: MAD Scientist Balloon Air Pressure	<b>4:00-5:00 pm:</b> BeBetter4U Wrap up session: Review of our coping strategies		
	<b>5:00-6:00 pm:</b> Dinner and Clean up	<b>5:00-6:00 pm:</b> Dinner and Clean up		
	<b>6:00- 6:45pm:</b> Physical Activity	<b>6:00-6:45 pm:</b> Physical Activity		
	<b>6:45-7:45pm:</b> Arts & Culture Culture Club: Vietnam Activity: Hand Print Dragon  <b>7:45- 8:00 pm:</b> Clean Up	<b>6:45-7:45 pm:</b> POWERUP! - Supersized Stories  <b>7:45- 8:00 pm:</b> Clean up		
	<b>8:00-</b> Club End-Home	<b>8:00-</b> Club End- Home		

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