14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326



Fridays Cohort 2- 3:30pm to 8:00pm

Boys & Girls Clubs

Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #1 Tuesday, February 2 – February 5th, 2021

	Please complete	daily COVID screening prior to your	child attending Club	
REGISTERED PROGRAMMING	Tuesday, Feb 2	Wednesday, Feb 3	Thursday, Feb 4	Friday, Feb 5
• Please note that due	Cohort 1	Cohort 1	NO CLUB	Cohort 2
to COVID19 all Club	3:30 pm – 8:00 pm	3:30 pm – 8:00 pm		3:30 pm – 8:00 pm
Programs are				
registered programs.				
There will be no				
Drop-in programs.				
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEM Activity #1 : 321 Blast off Rocket Science	 4:00-5:00 pm: BeBetter4U Warm up: Gratitude Game Coping Strategies Discussion Activity #1 : Stress Ball 		4:00pm – 4:55 pm: Outdoors/Physical Activity - Sliding in Bannerman Field - Frozen Jump the Jordan
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity - Noodle Germ Tag - Balloon Badminton	6:00-6:45 pm: Physical Activity - Copy Cat Stretching - Snow Critters Competition		6:00 -6:45: STEM Activity #1 : 321 Blast off Rocket Science 6:45: Physical Game Break - Jump The Jordan
	6:45-7:45pm: POWERUP!	6:45-7:45 pm: Arts & Culture		7:00- 7:45: Arts and Culture
	Activity #1 : Alien PenPal	Art Club! – Australian Indigenous		- ArtClub!
		Dot Art		Pop-Up Art
	7:45- 8:00: Clean Up	7:45- 8:00: Clean up		7:45 – Clean up
	8:00- Club End-Home	8:00- Club End- Home		8:00 pm – Club End - Home

14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326 **Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm**

Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #2 Feb 8 –Feb 13, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING	Tuesday, Feb 9	Wednesday, Feb 10	Thursday, Feb 11	Friday, Feb 12
Please note that due	Cohort 1	Cohort 1	NO CLUB	Cohort 2
to COVID19 all Club	3:30 pm – 8:00 pm	3:30 pm – 8:00 pm		3:30 pm – 8:00 pm
Programs are				
registered programs.				
There will be no				
Drop-in programs.				
	3:30-4:00 pm: Hand Washing and	3:30-4:00 pm: Hand Washing and		3:30-4:00 pm: Hand washing and
	Snack Time	Snack Time		Snack time
	4:00-5:00 pm: STEAM	4:00-5:00 pm: BeBetter4U		4:00pm – 4:55 pm:
	Activity #1 : Floating Ink Experiment	Activity #1– Craft Breathing Dragon		Outdoors/Physical Activity
		Activity #2– Anger Fortune Tellers		- Tap the Tree (No Touch
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		version of Kick the Can) 5:00 -6:00 pm : Dinner and Clean up
	5.00-0.00 pm. Dimer and clean up	5.00-0.00 pm. Dimer and clean up		5.00-0.00 pm . Dimer and clean up
	6:00pm- 6:45pm: Physical Activity	6:00-6:45 pm: Physical Activity		6:00 -6:45: STEAM
	- Tap the tree (no touch version	- Star Performer		Activity #1: Floating Ink experiment
	of Kick the can)			6:45: Back Pocket game
	6:45-7:45pm: Art Club!	6:45-7:45 pm: POWERUP!		7:00- 7:45 pm: Arts & Culture
	Activity #1 : Valentine cards /	Activity #1 : Breathing Test		Valentines cards / Friendship cards /
	Friendship cards / Compassion Cards	Activity #2 : Make, Mime, or Draw		Compassion cards for Neighbors
	for Neighbors	7:45- 8:00: Clean up		7:45-8:00pm – Clean up
	7:45- 8:00: Clean Up	7.45- 0.00. Clean up		7.43-8.00pm – Clean up
	8:00- Club End-Home	8:00- Club End- Home		8:00 pm – Club End - Home

14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326 **Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm**

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Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #3 Feb 15 – Feb 20, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING	Tuesday, Feb 16	Wednesday, Feb 17	Thursday, Feb 18	Friday, Feb 19
Please note that due	Cohort 1	Cohort 1	NO CLUB	Cohort 2
to COVID19 all Club	3:30 pm – 8:00 pm	3:30 pm – 8:00 pm		3:30 pm – 8:00 pm
Programs are				
registered programs.				
There will be no				
Drop-in programs.				
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEAM	4:00-5:00 pm: BeBetter4U		4:00pm – 4:55 pm: STEAM
	Activity : Design a Robot	Activity : Gratitude Jars		- Design a Robot
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity	6:00-6:45 pm: Physical Activity		6:00 -6:45:Outdoors/Physical
				activity
				- Sliding at Bannerman Hill
	6:45-7:45pm: POWERUP!	6:45-7:45 pm: Arts & Culture		7:00- 7:45: Arts and Culture
	Activity #1 : Goal Setting	Topic: Belgium		Topic: Belgium
	Activity #2 : Alphabet battle ship	Activity: Comic Strips		Activity: Comic Strips
	7:45- 8:00: Clean Up			7:45 – 8:00 Clean up
		7:45- 8:00: Clean up		
	8:00- Club End-Home	8:00- Club End- Home		8:00 pm – Club End - Home

14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326 **Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm**

Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #4 Feb 22 – Feb 27, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING	Tuesday, February 23	Wednesday, February 24	Thursday, February 25	Friday, February 26
Please note that due	Cohort 1	Cohort 1	NO CLUB	Cohort 2
to COVID19 all Club	3:30 pm – 8:00 pm	3:30 pm – 8:00 pm		3:30 pm – 8:00 pm
Programs are				
registered programs.				
There will be no				
Drop-in programs.				
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEAM Activity: Zoetropes	4:00-5:00 pm: BeBetter4U Healthy Eating Habits and Recipes		4:00pm – 4:55 pm: STEAM Activity : Zoetropes
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity -	6:00-6:45 pm: Physical Activity		6:00 -6:45: Physical Activity -
	6:45-7:45pm: Arts & Culture	6:45-7:45 pm: POWERUP!		7:00- 7:45: Arts & Culture
	Culture Club : Chad	Activity : Personal Ads		Culture Club : Chad
	Activity: Camel Drawing			Activity: Camel Drawing
	7:45- 8:00: Clean Up	7:45- 8:00: Clean up		7:45 – Clean up
	8:00- Club End-Home	8:00- Club End- Home		8:00 pm – Club End - Home

14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326 Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #5 March 1 – March 6, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 2 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 3 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 4 NO CLUB	Friday, March 5 Cohort 2 3:30 pm – 8:00 pm
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEAM Activity: Catapult	4:00-5:00 pm: BeBetter4U Activity: Friendship Pizza		4:00pm – 4:55 pm: STEAM Activity: Catapult
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity	6:00-6:45 pm: Physical Activity		6:00 -6:45: Physical Activity
	6:45-7:45 pm: Arts & Culture Culture Club: Costa Rica Activity: Frog on Lily Pad (art attack) 7:45- 8:00: Clean Up	6:45-7:45 pm: POWERUP! Activity: Language Labels 7:45- 8:00: Clean up		7:00- 7:45 pm : Arts & Culture Culture Club: Costa Rica Activity: Frog on Lily Pad (art attack) 7:45 – 8:00: Clean up
	8:00 pm - Club End-Home	8:00 pm- Club End- Home		8:00 pm – Club End - Home

14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326 Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #6 March 8 –March 13

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 9 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 10 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 11 NO CLUB	Friday, March 12 Cohort 2 3:30 pm – 8:00 pm *CLUB CLOSURE*
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		
	4:00-5:00 pm: STEAM Activity : Marble Run	4:00-5:00 pm: BeBetter4U Activity: Positivity Canvas		
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		
	6:00pm- 6:45pm: Physical Activity -	6:00-6:45 pm: Physical Activity -		
	6:45-7:45pm: Arts & Culture Culture Club: Nicaragua Activity : Rocking Shark 7:45- 8:00: Clean Up	6:45-7:45 pm: POWERUP! Activity: SUM big Fish 7:45- 8:00: Clean up		
	8:00- Club End-Home	8:00- Club End- Home		

14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326 Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #7 March 15 – March 20, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 16 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 17 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 18 NO CLUB	Friday, March 19 Cohort 2 3:30 pm – 8:00 pm
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		3:30-4:00 pm: Hand washing and Snack time
	4:00-5:00 pm: STEAM Activity : MAD scientist Thunderstorm Science	4:00-5:00 pm: BeBetter4U Activity : Positive thinking Jeopardy		4:00pm – 4:55 pm: STEAM Activity : Marble Run
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		5:00 -6:00 pm : Dinner and Clean up
	6:00pm- 6:45pm: Physical Activity -	6:00-6:45 pm: Physical Activity -		6:00 -6:45: Physical Activity -
	6:45-7:45pm: Arts & Culture Culture club: Zimbabwe Activity: Africa Coloring page	6:45-7:45 pm: POWERUP! Activity : The Amazing Number Race		7:00- 7:45 pm : Arts & Culture Culture club: Zimbabwe Activity: Africa Coloring page
	7:45- 8:00 pm: Clean Up	7:45- 8:00 pm: Clean up		7:45 – 8:00 pm : Clean up
	8:00 pm - Club End-Home	8:00 pm Club End- Home		8:00 pm – Club End - Home

14034 23 street, Edmonton AB Club Coordinator Telephone # 780-264-4326 Tuesday & Wednesday Cohort 1 – 3:30p to 8:00pm Fridays Cohort 2- 3:30pm to 8:00pm



Boys & Girls Clubs Big Brothers Big Sisters of Edmonton & Area

Program Schedule Week #8 March 22- March 27, 2021

Please complete daily COVID screening prior to your child attending Club

REGISTERED PROGRAMMING • Please note that due to COVID19 all Club Programs are registered programs. There will be no Drop-in programs.	Tuesday, March 23 Cohort 1 3:30 pm – 8:00 pm	Wednesday, March 24 Cohort 1 3:30 pm – 8:00 pm	Thursday, March 25 NO CLUB *END OF TERM #3*	Friday, March 26 Cohort 2 3:30 pm – 8:00 pm *CLUB CLOSURE *
	3:30-4:00 pm: Hand Washing and Snack Time	3:30-4:00 pm: Hand Washing and Snack Time		
	4:00-5:00 pm: STEAM Activity: MAD Scientist Balloon Air Pressure	4:00-5:00 pm: BeBetter4U Wrap up session: Review of our coping strategies		
	5:00-6:00 pm: Dinner and Clean up	5:00-6:00 pm: Dinner and Clean up		
	6:00- 6:45pm: Physical Activity	6:00-6:45 pm: Physical Activity		
	6:45-7:45pm: Arts & Culture Culture Club: Vietnam Activity: Hand Print Dragon 7:45- 8:00 pm: Clean Up	6:45-7:45 pm: POWERUP! - Supersized Stories 7:45- 8:00 pm: Clean up		
	8:00- Club End-Home	8:00- Club End- Home		