

Duggan Boys and Girls Club

5, 3724 105 street Edmonton AB

780-822-2565 (club) 780-483-0383 (Club Coordinator)

Tuesday (3:30 – 5:30 & 6:00 – 8:00) & Thursday (2:30 – 4:30 & 5:00 – 7:00)

Weekly Program Schedule February 2021 (see reverse for programs details)

Time	Tuesday 3:30 – 5:30 & 6:00 – 8:00	Time	Thursday 2:30 – 4:30 & 5:00 – 7:00
3:30 – 4:00	Screening / Snack and Free Time	2:30 - 3:00	Screening / Snack and Free Time.
4:00– 4:45	Get In the Game. • Physical activity games	3:00 – 3:45	Get In the Game. • Physical activity games
4:45 – 5:30	Power Up! • Homework help • Reading Club • Worksheets	3:45 – 4:30	Power Up! • Homework help • Reading club • Worksheet
5:30 – 6:00	CLUB CLOSED: Clean up and sanitization	4:30 – 5:00	CLUB CLOSED: Clean up and sanitization
6:00 – 6:30	Welcome/ registration / Free time	5:00 – 5:30	Welcome/ registration / Free Time.
6:30 – 8:00	Bully Buster.	5:30 – 7:00	Cultural Club.
8:00	Home time /Clean up and sanitization / Debrief.	7:00	Home time /Clean up and sanitization/ Debrief.

Important Notes:

- Club last day of 2nd quarter program: January 28th.
- First Day of 3rd Quarter programming: February 2nd.
- Have a Heart Day Activities: Thursday February 11.
- Teen Takeover: February 25th, 2021.
- It will be assumed that registered participants will attend each session for the duration of 8 weeks. Please notify staff of your child's absence on the day of their registered program. Registration for club program on first come first serve basis.
- All afterschool programs are registered programs and can be attended by any child or youth aged 6-17 years
- There will be no drop-in programs in winter. Make sure you talk to a club staff about registering your child for winter programming.

PROGRAM DESCRIPTIONS

Programs That Teach	Programs That Move	Programs that Create	Program For Leaders
<p style="text-align: center;"><u>Power Up:</u></p> <p>Let's get studying! This time is for children to bring their homework to club and receive 1 on 1 support from staff, or to participate in some academic-based games or activities. The goal of this program to improve kid's grades in school and establish good study habits</p>	<p style="text-align: center;"><u>Get In The Game:</u></p> <p>This is a physical activity-based program designed to get our bodies moving in a safe and fun way. Come join the club in getting our bodies moving and hearts pumping through Get in the game program!</p>	<p style="text-align: center;"><u>Culture Club</u></p> <p>Children will have a chance to learn about the many different cultures that make up our world. Children will also be engaged in topics about diversity, human rights, and the importance of acceptance among different culture! In celebration of Black History month, Afro Revolution and educational activities highlighting the history of African and Caribbean descendants are all part of cultural club. There will also be an opportunity for the club members to participate in the interclub virtual Black history month jeopardy style quiz.</p>	<p style="text-align: center;"><u>Bully Buster</u></p> <p>This program encouraging club members and others to combat any form of bullying with special focus on cyberbullying by thinking twice before posting something negative, and instead using the internet to spread kindness. There will be weekly activities schedule to foster understanding of different kind of bullying and instill positivity and kindness with kids while commemorating Pink Shirt Day.</p>

