

Rundle Club

3112 113 Ave NW, Edmonton, AB

Club Phone: (780) 822-2562

Coordinator Phone: (780) 952-7619

Mon, Tues, Wed, Fri 3:30– 5:30pm; 6:00-8:00pm

Thurs-2:30-4:30pm; 5:00-7:00pm



Boys & Girls Clubs Big Brothers Big Sisters
of Edmonton & Area

February 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday
2:30				Power Up (Cohort 2) Sign-in/ Handwashing/ Ice Breaker games	
3:00				Activity 1: Physical Activity/ Active learning games	
3:30	Power Up (Cohort 1) Sign-in/ Handwashing/ Ice Breaker games	Power Up (Cohort 2) Sign-in/ Handwashing/ Ice Breaker games	Power Up (Cohort 1) Sign-in/ Handwashing/ Ice Breaker games	Break: water, snack, worksheets	Power Up (Cohort 1) Sign-in/ Handwashing/ Ice Breaker games
4:00	Activity 1: Physical Activity/ Active learning games	Activity 1: Physical Activity/ Active learning games	Activity 1: Physical Activity/ Active learning games	Activity 2: Homework help, Brain Games, Academic games	Activity 1: Physical Activity/ Active learning games
4:30	Break: water, snack, worksheets	Break: water, snack, worksheets	Break: water, snack, worksheets	Home Time (4:30pm)	Break: water, snack, worksheets
4:45	Activity 2: Homework help, Brain Games, Academic games	Activity 2: Homework help, Brain Games, Academic games	Activity 2: Homework help, Brain Games, Academic games	Teen Night (11yrs +) Sign-in/ Handwashing/ Ice Breaker games	Activity 2: Homework help, Brain Games, Academic games
5:30	Home Time (5:30pm)	Home Time (5:30pm)	Home Time (5:30pm)	Activity 1: Structured activity	Home Time (5:30pm)
6:00	Culture Club Sign-in/ Handwashing/ Ice Breaker games	Full STEAM Ahead Sign-in/ Handwashing/ Ice Breaker games	Art Club Sign-in/ Handwashing/ Ice Breaker games	Break: water, snack	Get in the Game Sign-in/ Handwashing/ Ice Breaker games
6:30	Activity 1: Learn about a new culture or area of the world	Activity 1: Learning and discussion of daily STEM topics	Activity 1: Paper Craft	Activity 2: Teen Choice	Activity 1: Physical activity games/activities
7:00	Break: water, snack	Break: water, snack	Break: water, snack	Home Time (7:00pm)	Break: water, snack
7:15	Activity 2: create art, play games and go on virtual field trip	Activity 2: STEM project of daily topic	Activity 2: Explore various art mediums and projects		Activity 2: Physical activity games/activities
8:00	Home Time (8:00pm)	Home Time (8:00pm)	Home Time (8:00pm)		Home Time (8:00pm)

Important Dates

- Club Closure Days (No programming): February 1st and February 15th
- First Day of Quarter 3 Programming: February 2nd

* Parents/Guardians are responsible for picking up their child/ren no later than the posted closing time. **Calendar is subject to change. **

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Programs That Teach	Healthy Living	Programs That Create	Programs That Move
<p>Power Up! : We will work together to practice positive study habits and reach academic goals! Here we will provide homework help, play academic based games, work on puzzles and so much more.</p>	<p>Teen Night: Teens 11yrs+ are invited to come to Club and hang out with friends and participate in some staff lead activities that include topics of: internet safety, self-esteem and leadership. Teen night will include 1 structured activity and a Teen’s Choice activity. Come check it out!</p> <p>* Please note: there will be quiet space for homework available</p>	<p>Art Club: If you enjoy being creative and making new things then <i>Art Club</i> is for you! We will create beautiful pieces and experiment with different art mediums that you can take home.</p>	<p>Get in the Game: Join us for some exciting, energizing and creative physical activity. We will emphasise the FUN in various Fundamental Movement Skills!</p>
<p>Full STEAM Ahead: Using interactive, hands-on activities to engage different learning styles, STEAM Ahead encourages children to explore STEM (science, technology, engineering and math) fundamentals and includes an artistic component to encourage creativity and innovation!</p>		<p>Culture Club: Join us in exploring the World! We will learn facts, play games and create projects related to new areas of the world weekly. No need for a passport to join us in some virtual Field Trips!</p>	

Important Notes:

- *Power Up* program will be offered in 2 Cohorts: participants can register for Cohort 1 or 2 but **not both**.
- Each program is offered on a **first come first serve** basis with a maximum of 10 participants
- Each program will run for 8 weeks. It will be assumed that registered participants will attend each session for the duration of 8 weeks. **Please notify staff of your child’s absence** on the day of their registered program.

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