

## Tweddle Club

8308 42A Avenue, Edmonton AB

780.822.2561 – bgcbigs.ca

Mon, Tue, Wed & Fri 3:00 – 8:00, Thurs – 2:00 – 7:00



Boys & Girls Clubs



Big Brothers Big Sisters

Boys & Girls Clubs Big Brothers Big Sisters  
of Edmonton & Area

## Weekly Program Schedule February 2021 – Quarter 3 (Please see reverse for details)

	<b>Monday</b> 3:00 pm – 8:00 pm	<b>Tuesday</b> 3:00 pm – 8:00 pm	<b>Wednesday</b> 3:00 pm – 8:00 pm	<b>Thursday</b> 2:00 pm – 7:00 pm	<b>Friday</b> 3:00 pm – 8:00 pm
2:00-2:30pm	<b>CLUB CLOSED</b>	<b>CLUB CLOSED</b>	<b>CLUB CLOSED</b>	<b>Cohort #2</b> Snack & Free Time Daily Physical Activity Quiet Time (All Ages) 2:00 – 4:00pm	<b>CLUB CLOSED</b>
2:30-3:00pm					<b>CLUB CLOSED</b>
3:00-3:30pm	<b>Cohort #1</b> Snack & Free Time Daily Physical Activity Quiet Time (All Ages) 3:00 – 5:00pm	<b>Cohort #2</b> Snack & Free Time Daily Physical Activity Quiet Time (All Ages) 3:00 – 5:00pm	<b>Cohort #1</b> Snack & Free Time Daily Physical Activity Quiet Time (All Ages) 3:00 – 5:00pm	<b>CLUB CLOSED FOR CLEANING</b>	<b>Cohort #1</b> Snack & Free Time Daily Physical Activity Quiet Time (All Ages) 3:00 – 5:00pm
3:30-4:00pm					
4:00-4:30pm					
4:30-5:00pm					
5:00-5:30pm					
5:30-6:00pm	<b>CLUB CLOSED FOR CLEANING</b>	<b>CLUB CLOSED FOR CLEANING</b>	<b>CLUB CLOSED FOR CLEANING</b>	<b>Registered Programming</b> Master Movers (All Ages) 5:00 – 7:00pm	<b>CLUB CLOSED FOR CLEANING</b>
6:00-6:30pm	<b>Registered Programming</b> Culture Club (Ages 6 - 9) 6:00 – 8:00pm	<b>Registered Programming</b> Torch (Ages 10 and up) 6:00 – 8:00pm	<b>Registered Programming</b> Kid Tech Nation (Ages 9 and up) 6:00 – 8:00pm	<b>CLUB CLOSED</b>	<b>Registered Programming</b> Refined Fridays (Ages 10 and up) 6:00 – 8:00pm
6:30-7:00pm					
7:00-7:30pm					
7:30-8:00pm					

**\*REMINDER – All children need to be registered for a programming block before attending. Children are only allowed in one cohort, not both. Registered programming is open to all within the age restrictions of the program, but everyone attending must be registered beforehand. Please ask a staff if you have any questions about the schedule. You can call the Club at 780-822-2561, Amy at 780-231-6475, or Amber at 587-926-6852**

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<b>Programs That Teach</b>	<b>Programs for Leaders</b>	<b>Programs That Create</b>	<b>Programs That Move</b>
<p><b>Culture Club:</b> Culture Club is designed to introduce participants to a range of world cultures. Each week, participants will focus on a new location and the cultural traditions that the group is recognized for. This program aims to promote awareness and inclusivity of difference through a variety of hands-on activities and games. (Ages 6-9)</p> <p><b>Kid Tech Nation:</b> This program aims to increase children's exposure to digital skills, coding concepts, internet safety, and computational thinking. Technology is everywhere and is not going anywhere! Science, technology, engineering, and math are the skills of the future. This program provides opportunity to learn these skills through practice and guided work. (Ages 9 and up)</p>	<p><b>Torch:</b> Children will gain interpersonal skills by learning how to speak supportively towards other members as well as learn how to be part of a team. As everyone is assigned a specific role or duty, the children will become aware of new strengths in themselves that they didn't know were there before. Being part of Torch Club will give children a positive self-identity and a sense of purpose within the club. Children in Torch Club will also feel connected to the community as they learn to think of others through fundraising. The last Tuesday of each month will be a Teen Fun Night where the teens can participate in different activities. (Ages 10 and up)</p>	<p><b>Refined Fridays:</b> Refined Fridays is an 8 week social program developed to foster positive social interactions among youth in an inclusive, emotionally safe environment. Here, participants will be provided with the opportunity to socialize with one another through guided discussion and lead/partake in planned art projects. Guided discussion will be comprised of current events, media trends and social issues. Staff will work to guide participants through difficult topic areas and provide insight on media awareness while promoting participant engagement. Through this social emotional learning, participants will work to develop their sense of community while exploring new opportunities and program ownership. In difference to other Art Programs offered at BGCBIGS, program participants will be provided with the opportunity to lead planned Art programs for their peers. Weekly art plans will be presented at the beginning of the program and participants will be encouraged to sign up to run a weekly program, if they choose. This will foster leadership, growth and personal learning. (Ages 10 and up)</p>	<p><b>Master Movers:</b> Master Movers is a physical activity program that aims to encourage a healthy lifestyle and get kids moving. Participants will play various physical activity games and take part in different exercises or challenges while adhering to AHS health &amp; safety physical distancing guidelines. The program's general outcomes are for participants to practice their gross motor skills such as running, balance, strength and for participants to take part in cardiovascular activity. (All Ages)</p> <p><b>Daily Physical Activity:</b> Each day we will focus on one way to be physically active for at least 30 minutes. This will be through group games, fitness circuits, dance, etc. (All Ages)</p>

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## February 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01	02	03	04	05	06
	<b>CLUB CLOSED</b>	FIRST DAY OF QUARTER 3 PROGRAMMING				
07	08	09	10	11	12	13
				Have a Heart Day		
14	15	16	17	18	19	20
Valentine's Day	<b>CLUB CLOSED</b> Family Day					
21	22	23	24	25	26	27
28						

*\* Parents/Guardians are responsible for picking up their children no later than the posted closing time. \*\*Calendar is subject to change.*