

### West Club

16030 104 Ave NW. T5P0S3

780.822.2556 www.bgcbig.ca

Mon, Tues, Wed, Fri 3:00pm – 5:30 pm; 6:00pm-8:00pm

Thurs-12:00-5:00 pm



## February 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday
3:00	Arrival and Snack	Arrival and Snack	Arrival and Snack	12:00 Arrival and Lunch	Arrival and Snack
3:30	Get in the Game Daily Physical Activity	Get in the Game Daily Physical Activity	Get in the Game Daily Physical Activity	12:45 Flex Your Head	Get in the Game Daily Physical Activity
4:30	Power Up/Homework Help	Power Up/Homework Help	Power Up/Homework Help	1:00 Get in the Game Daily Physical Activity	Power Up/Homework Help
5:30	Club Care and Home Time	Club Care and Home Time	Club Care and Home Time	2:00 Snack	Club Care and Home Time
	<b>Cleaning/Sanitizing and Disinfecting for Evening Programming</b>			2:30 Power Up/Homework Help	<b>Cleaning/Sanitizing and Disinfecting for Evening Programming</b>
6:00	Arrival and Snack	Arrival and Snack	Arrival and Snack	3:30 Improv!	Arrival and Snack
6:30	❖ Music Box <u>OR</u> Homework Help	❖ Torch (Ages 10+) ❖ Art Club	❖ Black History Month Programming	4:30 ❖ Kids Choice	❖ Game Night
7:45	Club Care and Home Time	Club Care and Home Time	Club Care and Home Time	4:45 Club Care and Home Time	Club Care and Home Time

### Important Notes:

- Clients can register for **Cohort A** (Mondays and Wednesdays) or **Cohort B** (Tuesdays, Thursday, Fridays).
  - Clients can only register for one cohort. Please keep in mind the programs and age of programs when picking a cohort.
- All evening programs are registered programs and can be attended by any child or youth aged 6-17 years
- **CLUB CLOSURESS:** February 1<sup>st</sup> (PD Day) and February 15<sup>th</sup> (Family Day)
- **QUARTER 3** begins **TUESDAY FEBRUARY 2<sup>ND</sup>**.

*\* Parents/Guardians are responsible for picking up their child/ren no later than the posted closing time.*

**\*\*Calendar is subject to change. \*\***

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Programs That Teach	Programs for Leaders	Programs That Create	Programs That Move
<p><b>Power Up! / Intentional Homework Help:</b> academic support program that helps kids to develop positive study habits and encourages a life-long interest in learning. Power Up! provides the tools and environment necessary for young people to set academic goals and create a plan for achieving those goals. During Power Up! Programs, we will alternate between different academic programming to support a variety of learning areas. Support reading, science, and math for all ages</p>	<p><b>Torch Club:</b> Torch Clubs get pre-teens, aged 10 - 13 engaged with what's happening in their community. Torch Club members plan their own programming based on the issues important to them. This helps kids develop leadership skills and self-esteem in a respectful, diversified environment. The program also offers the opportunity to give back to others and gain a sense of responsibility that comes with making their own decisions.</p>	<p><b>Music Box:</b> All operations of MusicBox Children's Charity are focused on stimulating the minds, widening the horizons, and fostering a love of music in children with disadvantages through volunteer-driven music appreciation and educational programs. Through our after-school programs, MusicBox Children's Charity brings music to young children who need it the most. We fully subscribe to the concept of music as a developmental tool, and to its beneficial effects on a child's social, academic and emotional development.</p>	<p><b>Get in the Game:</b> Develop Physical literacy and physical fitness, promote confidence, self-esteem, social connection, leadership skills, and sportsmanship. Explore different sports and physical activity games. Work towards the recommended daily requirement of physical activity (1 hour)</p>
	<p><b>West Friday Fun:</b> is a program that takes the format of a youth night and incorporates a variety of activities that address the youth's growth, leadership, creativity and physical and mental wellbeing. This program will provide our club members with chances to experience positive development in self-confidence, social integration, interpersonal and communication skill whilst enjoying their time with their peers in a safe and inclusive environment.</p>	<p><b>Improv!:</b> Is defined as improvisation which is the art of acting out a skit without preparation. Participants will learn to use their imagination, be creative and resilient in order craft successful and meaningful scenes. This is a great way to challenge oneself, build confidence, break out of comfort zone, and improve communication skills!</p>	
		<p><b>Art attack:</b> implements the development and expression of arts for the children. Through various fun activities they will be able to create their own projects and utilize their imagination, in addition bond amongst one another.</p>	

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Club Closure   1	02	03	04	05
<b>CLUB CLOSURE – NO CLUB</b>	<u>After School</u> Black History Month Programming  <u>Evening</u> Torch and Art Club	<u>After School</u> Get in the Game Daily Physical Activity & Power Up  <u>Evening</u> Black History Month Programming	Get in the Game Daily Physical Activity Power Up Improv!	<u>After School</u> Get in the Game Daily Physical Activity & Power Up  <u>Evening</u> Game Night!
08	09	10	11	12
<u>After School</u> Black History Month Programming  <u>Evening</u> Music Box or Homework Help	<u>After School</u> Black History Month Programming  <u>Evening</u> Torch and Art Club	<u>After School</u> Get in the Game Daily Physical Activity & Power Up  <u>Evening</u> Black History Month Programming	Get in the Game Daily Physical Activity Power Up Improv!	<u>After School</u> Get in the Game Daily Physical Activity & Power Up  <u>Evening</u> Game Night!
Family Day   15	16	17	18	19
<b>FAMILY DAY STAT HOLIDAY NO CLUB</b>	<u>After School</u> Black History Month Programming  <u>Evening</u> Torch and Art Club	<u>After School</u> Get in the Game Daily Physical Activity & Power Up  <u>Evening</u> Black History Month Programming	Get in the Game Daily Physical Activity Power Up Improv!	<u>After School</u> Get in the Game Daily Physical Activity & Power Up  <u>Evening</u> Game Night!
22	23	24	Teachers Convention   25	Teachers Convention   26
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