

BGCBIGS Virtual Programming

Spring 2021



Boys & Girls Clubs



Big Brothers Big Sisters

Boys & Girls Clubs Big Brothers Big Sisters
of Edmonton & Area

To register, please visit: <https://bgcbigs.ca/virtual-registration/>

For questions and concerns, contact: Yuuki.ito@bgcbigs.ca or tori.moline@bgcbigs.ca / (587) 926-5213 or (780) 246-2472

*all programs will take place in Google Meets



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Virtual Programming + Outcomes

Programs will be run online on Google Meets and will require a Gmail account.

Program Name:	Outcomes:	Success Will Look Like:
Discovery Lab (ages 6-12)	Discovery Lab aims to engage kids in science concepts through an interactive 12-week curriculum that connects science to real world contexts. The program works with Club kids early and often, at a critical age before study and/or career decisions are made. Specifically, the program:	<ul style="list-style-type: none"> - Develop a life-long interest in learning - Increasing participants' understanding of scientific approaches - Focuses on hands on experiments, covering a range of science areas - Creates opportunities for problem solving, idea refinement, and iterative learning - Helps young people discover career opportunities in STEM fields
Cool Moves (ages 6-12)	To exercise and eat healthfully. An activity and healthy eating awareness program designed to create a life-long appreciation for a healthy, active lifestyle by encouraging healthier eating choices, and engaging in more physical activity.	<ul style="list-style-type: none"> - Develop a life-long appreciation for a healthy, active lifestyle. - Understanding of healthy eating choices - Willingness to engage in physical activity.
Kid Tech Nation (ages 7-12)	Teaches children digital skills, coding concepts, internet safety, and computational thinking, while building Club staff capacity with digital training and teaching resources. The program also focuses on engaging young people that are typically underrepresented in STEM fields: girls, racialized and Indigenous children, and children from newcomer families.	<ul style="list-style-type: none"> - Increase confidence and interest in technology - Increase participant digital literacy skills - Increase communication, teamwork, and analytical thinking - Experience the real-world application of STEM concepts and promote early career awareness
Kid Food Nation: Family Edition (Ages 7-12)	To help kids and families develop food skills through hands-on experiences related to planning, preparing, and cooking. The program also features an online hub with resources for healthy eating and meal preparation, and a national recipe competition that encourages kids to put their food literacy skills into practice and submit original, healthy, and nutritious recipes.	<ul style="list-style-type: none"> - Learn basic kitchen safety - Learn to plan for and prepare simple and nutritious snacks and meals for multiple people
UPS Road Code (ages 13+)	To become a safe driver. Program content focuses on safe driving principles and provides opportunities for youth to discuss ways to avoid risky behaviours such as distracted or impaired driving.	<ul style="list-style-type: none"> - Develop safe driving skills - Develop an understanding of current road rules - Strengthen chances at passing driving tests

Raise The Grade (Ages 13+)	Raise the Grade, supported by RBC Future Launch, is a multi-faceted education program that increases academic skills, high school graduation rates, and access to post-secondary education for youth. It is an interactive after-school program that allows young people to explore their personal interests, receive homework support, connect with mentors and/or tutors, interact with peers, increase their digital literacy, and plan for post-secondary education.	<ul style="list-style-type: none"> - Develop valuable academic skills - Learn more about the process of applying for post-secondary education
Woke Up! (ages 13+)	Youth will explore topics in relation to equity, diversity and inclusion. Participants can expect to enter a safe space to engage in meaningful discussion to learn, reflect and build upon their knowledge of the world.	<ul style="list-style-type: none"> - Formation of a safe space where youth have opportunity to be heard - Increase knowledge of issues concerning social justice and initiatives - Demonstrate leadership skills through reflection, discussion, and participation in activities
Youth Employment (ages 13+)	To support youth in Employment. This employment readiness program focuses on developing soft skills such as resume writing, job searching, exploring career pathways, and an opportunity to gain employment.	<ul style="list-style-type: none"> - Job skill development and readiness - Job searching skills - Employment after programming
Dungeons and Dragons (ages 13+)	To have fun in a group. Youth are invited to join an evening of table top, role-playing games. Staff will lead a campaign of Dungeons of Dragons, guiding youth as they conjure an adventure of problem-solving, teamwork and creative thinking.	<ul style="list-style-type: none"> - Increased self-confidence and teamwork ability - Increase sense of belonging - Expression of enjoyment

* Programs offered in the early afternoon are intended for students engaged in online learning.

Virtual Programming Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday
2:00 – 2:30				Cool Moves (ages 6-12)	
2:30 – 3:00					
3:00 – 3:30					
3:30 – 4:00					
4:00 – 4:30	Discovery Lab (ages 6-12)	UPS Road Code (ages 13+)	Kid Tech Nation (ages 7-12)	Kid Food Nation (ages 7-12)	Raise The Grade (ages 13+)
4:30 – 5:00					
5:00 – 5:30					
5:30 – 6:00					
6:00 – 6:30	Cool Moves (ages 6-12)	Youth Employment (ages 13+)	Woke Up! (ages 13+)	UPS Road Code (ages 13+)	Dungeons and Dragons (ages 13+)
6:30 – 7:00					
7:00 – 7:30					
7:30 – 8:00					

Things to Note:

Outcomes of Online Programming:

Immediate outcomes: Through positive engagement with groups, children and youth experience emotional safety as well as a sense of belonging. They learn about healthy living and develop positive healthy relationships.

Over time, this helps children and youth develop self- and social-awareness, improves their self-management and relationship skills, and helps them make responsible decisions.

Long term outcomes: In the long term, children and youth will have increased resiliency, be healthy and active participants in society, and transition successfully to adulthood.